



Accidentally Overweight: Solve Your Weight Loss Puzzle

Dr. Libby Weaver

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The fundamental objective of Accidentally Overweight is to help you attain optimum health and the body you want. How often have you made enormous efforts to change your body with little or no reward or perhaps, for some reward only to regain the weight you lost plus more? Accidentally Overweight will give you the tools to be enormously rewarded for your efforts.

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