



# You Have the Answers: Discovering Your True Life Path ... One Question at a Time

*Phyllis Lundy*

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## **You Have the Answers: Discovering Your True Life Path ... One Question at a Time** Phyllis Lundy

Do you ever find yourself wondering about the answers to these essential life questions? • Who am I? • What do I want from my life? • How do I break through the barriers and start taking steps in the direction of my dreams? Phyllis Lundy believes you already have those answers waiting inside you. Written from her unique perspective as a career coach, professional development specialist, and workshop facilitator, this book helps you turn the key and unlock the potential that lies within. As you read the motivational stories and journal your answers to the thought-provoking questions at the end of each chapter, you will uncover your true self, rediscover your heart-felt passions and renew your commitment to invite the life you want into the life you have. Your inner wisdom is within your reach—this book provides you with the inspiration and the questions. You have the desire—and the answers! "In your hands you are holding a precious gift filled with practical wisdom, genuine experience, inspired insight and a delicious path to inner discovery. Make room on your bookshelf. This is a gem you'll want to keep forever!" ~ Tom LaRotonda, author of "Only Love is Real" "Phyllis has a way of making you dig deep into yourself without you realizing it—because you are having fun doing it." ~ Rick MacDonald, career coach and former Vice President of Career Management Consulting at Right Management

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