

Loosening the Grip: A Handbook of Alcohol Information

Jean Kinney, Gwen Leaton



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Loosening the Grip: A Handbook of Alcohol Information Jean Kinney, Gwen Leaton This authoritative introduction to alcohol and its abuse is enhanced by the authors' informal, upbeat writing style. Moving logically from the history and psychological effects to behavior and treatment, the book emphasizes the importance of treatment and the effects of alcohol dependence on individual family members.

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