



# Psychiatric and Mental Health Nursing: The craft of caring, Second Edition

*Phil Barker*

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**Psychiatric and Mental Health Nursing: The craft of caring, Second Edition** Phil Barker

Supported by relevant theory, research, policy, and philosophy, this second edition of **Psychiatric and Mental Health Nursing: The craft of caring** provides a comprehensive overview of the practice of psychiatric and mental health nursing.

The concept of "the craft of caring" dictates that the basis of good nursing practice is a combination of both art and science, encouraging nurses to take a holistic approach to the practice of psychiatric and mental health nursing.

Reflecting current developments in nursing practice and the understanding of mental health disorders, this edition includes twelve additional chapters, placing more emphasis on specific groups such as children and young people, women, older people, asylum seekers, and refugees.

Case studies include patients with anxiety, schizophrenia, and bipolar disorder as well as victims of sexual abuse, those with an eating disorder, homeless patients, and those with dementia and autism.

The book also examines specialist services such as psychiatric liaison and spiritual care and includes discussion on psychiatric diagnosis and mental health legislation in relation to human rights.

This is an essential text for all psychiatric and mental health nurses at the diploma and degree level, as well as qualified mental health nurses seeking to update their knowledge. It will also be a useful reference for professionals in other disciplines such as social work, medicine, and psychology.

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