



# **Group Psychotherapy with Adult Children of Alcoholics: Treatment Techniques and Countertransference Considerations**

*Marsha Vannicelli PhD*

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## **Group Psychotherapy with Adult Children of Alcoholics: Treatment Techniques and Countertransference Considerations** Marsha Vannicelli PhD

For all therapists who work with adult children of alcoholics (ACOAs), this comprehensive guide provides expert guidance in setting up and running a psychotherapy group. Successfully integrating theory and practice, the book surveys the current ACOA literature, explains the rationale for group therapy, describes how to set up a group, and suggests specific group leader techniques. Also included are insightful discussions on countertransference issues, the preparation and training of ACOA group leaders, and key areas for future research.

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