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The Complete Scarsdale Medical Diet

Herman; Baker, Sam S. Tarnower



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The Complete Scarsdale Medical Diet

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The Complete Scarsdale Medical Diet Herman; Baker, Sam S. Tarnower Presents menus and recipes for the Scarsdale's weight-loss diet program Title: The Complete Scarsdale Medical Diet Author: Tarnower, Herman/ Baker, Samm Sinclair Publisher: Random House Publication Date: 1995/02/01 Number of Pages: Binding Type: PAPERBACK Library of Congress:

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