



The Meaningful Life: How to Live the Life You Love and Love the Life You Live: A Six Step Programme

Randeesh Sandhu

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The Meaningful Life, with foreword by Dr John F. Demartini, is a six step programme specifically designed with an easy, step by step guide to help the reader: 1. Identify their life purpose 2. Live a balanced life 3. Achieve and accomplish their desired goals Ultimately, the book is written to help people achieve satisfaction and fulfilment in their lives, and to fulfil their potential at whatever level they choose to do so. Randeesh chose to write this book because he understands the power of now in our current culture. We want to achieve every single one of our goals - NOW. We want to know exactly what to do to achieve these goals - NOW. We want to know how to make our first million pounds - NOW. We want to know how to find our soul mate - NOW. We want to know how to make our business the fastest growing business in its sector - NOW. We want to know how to be the fittest and healthiest we've ever been - NOW. We want to know how to survive the credit crunch - NOW. And we want to know how to become and stay happy - NOW. What others have said about the book: "This book will serve you immensely . . ." Dr John F. Demartini, author of The Breakthrough Experience ". . . An amazing book, full of profound insights . . ." Brian Tracy, author of The Way to Wealth ". . . An excellent book which combines science with spirituality . . ." Mike Southon, business author and Financial Times columnist ". . . Randeesh's book provides a vast toolbox of knowledge and resources that people can use to develop their own meaning and magic . . ." Mike Pegg, author of The Strengths Way

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