



# Our Long Hairitage: Bringing Peace and Health to Your Head

*Roger Sigler*

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Did you know that most causes of hair loss are manmade? The overuse of chemicals, scissors, and razors are disastrous to scalp health. A lush rain forest is ruined by clear-cutting just as close-cropping the head invites a desert. To add insult to injury biocides (which include many hair products) aggravate the environment further by destroying the vital inhabitants thereof. Once the process is complete you acquire a landscape like the moon complete with blemishes, scars, and skin eruptions, even cancer. In contrast our long haired ancestors had healthy heads of hair because they manipulated nature little. This unique book traces the history of this fact as well as the origins of excessive hair removal during times of religious idolatry. The fight against hair loss will never be won until you understand that the real root causes are self-inflicted or enforced against you by others. Longer hair is healthier. Enjoy!

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### **From reader reviews:**

#### **Dwight Ambrose:**

Spent a free time for you to be fun activity to do! A lot of people spent their leisure time with their family, or their own friends. Usually they performing activity like watching television, planning to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Can be reading a book could be option to fill your free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to try out look for book, may be the publication untitled Our Long Hairitage: Bringing Peace and Health to Your Head can be good book to read. May be it may be best activity to you.

#### **Ruth Morefield:**

Often the book Our Long Hairitage: Bringing Peace and Health to Your Head has a lot of knowledge on it. So when you make sure to read this book you can get a lot of advantage. The book was written by the very famous author. The author makes some research before write this book. This specific book very easy to read you may get the point easily after looking over this book.

#### **Diane Wilson:**

In this age globalization it is important to someone to get information. The information will make professionals understand the condition of the world. The condition of the world makes the information quicker to share. You can find a lot of personal references to get information example: internet, classifieds, book, and soon. You can see that now, a lot of publisher that print many kinds of book. Often the book that recommended to your account is Our Long Hairitage: Bringing Peace and Health to Your Head this e-book consist a lot of the information of the condition of this world now. This particular book was represented how does the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. The writer made some investigation when he makes this book. That is why this book suited all of you.

#### **Larry Pulido:**

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