



Procrastinate on Purpose: 5 Permissions to Multiply Your Time

Rory Vaden

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Rory Vaden (*Take the Stairs*) brings his high-energy approach and can-do spirit to the most nagging problem in our professional lives: stalled productivity. Whether we're overworked, organizationally challenged, or have a motivation issue that's holding us back, millions of us are struggling to get things done.

In this simple yet powerful new book, *Procrastinate on Purpose*, Vaden presents the five permissions that set us free to do our best work – on time and without wasting energy battling stress and anxiety.

Using the POP model, readers will learn to:

- Eliminate
- Automate
- Delegate
- Consolidate
- Procrastinate (yes, you heard that right)

Anyone seeking to up their game, do meaningful work, and ditch the stress of looming deadlines and too many tasks on the front burner will embrace this smart, insightful guide.

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From reader reviews:

Dennis Fleenor:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their leisure time with their family, or all their friends. Usually they accomplishing activity like watching television, likely to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Can be reading a book might be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to test look for book, may be the book untitled Procrastinate on Purpose: 5 Permissions to Multiply Your Time can be excellent book to read. May be it is usually best activity to you.

Susan Hare:

Reading a book being new life style in this year; every people loves to read a book. When you study a book you can get a wide range of benefit. When you read guides, you can improve your knowledge, due to the fact book has a lot of information onto it. The information that you will get depend on what forms of book that you have read. In order to get information about your research, you can read education books, but if you act like you want to entertain yourself look for a fiction books, these us novel, comics, and also soon. The Procrastinate on Purpose: 5 Permissions to Multiply Your Time provide you with a new experience in studying a book.

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