

Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment (Practical Resources for the Mental Health Professional)

Georgia A. DeGangi

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Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment (Practical Resources for the Mental Health Professional) Georgia A. DeGangi Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and **Treatment** represents state of the art coverage of the latest theory, research and treatment strategies for infants and children with problems of regulation. This comprehensive book, designed for mental health professionals and occupational therapists working with infants and children, provides the most recent advances in addressing disorders of self-regulation. Grounded in research, the development of self-regulation from infancy through early childhood is presented. Screening and assessment procedures are described in detail to help the reader evaluate self-regulation, attention, sensory processing, and parent-child interactions in infants and children. This book is the first of its kind to integrate treatment approaches from the fields of infant/child mental health and sensory integration.

Clinicians learn how to address different types of regulatory problems in infants and children by working through the parent-child relationship. Specific treatment approaches for problems of mood regulation, sensory processing, attention, sleep, feeding, and play and social interactions are described in detail. Detailed case presentations are included in each chapter to demonstrate this innovative and integrated treatment approach. Full of practical advice, this book is a valuable resource for early intervention programs, day cares and preschools, and infant/child mental health programs.



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