



# The 100 Count Only Sugar Calories (Lose Up to 18 Lbs. in 2 Weeks)

*William Morrow & Company*

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Cruise, Jorge... Author and weight loss guru introduces the next revolution in dieting--a myth-busting weight loss program supported by cutting-edge research that pioneers an effortless weight loss method based on "must-count" and "no-count" calories.

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**Christi Shoup:**

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