



# The Relationship Alphabet: A Practical Guide to Better Connection for Couples

*Zach Brittle*

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## **The Relationship Alphabet: A Practical Guide to Better Connection for Couples** Zach Brittle

The Relationship Alphabet is an alphabetical survey of relationship topics based on the research of Dr. John Gottman. The book includes insights on communication, conflict management and friendship building. Practical discussion questions make it easy to turn ideas into action.

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