



# Take It to the Limit Study Guide: How to Get the Most Out of Life (North Point Resources)

*Andy Stanley*

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*Andy Stanley*

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Come Back from the Edge Overloaded? Maxed out? Our culture encourages us to live as if we have no limits. So we fill up our schedules and empty our bank accounts. We do as much as we can, spend as much as we can, and acquire as much as we can - all in an effort to get as much as we can out of life. This six-part DVD shows that the secret to getting more out of life is not by doing more, but by doing less. Its companion study guide is complete with a leader's guide and six lessons, including conversation-starting exercises, discussion questions, and application steps. You'll learn to create the margin you need to live the life God intends for you.

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