

# Spiritual Protection: A Safety Manual for Energy Workers, Healers, and Psychics

Sophie Reicher



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## Spiritual Protection: A Safety Manual for Energy Workers, Healers, and Psychics

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**Spiritual Protection: A Safety Manual for Energy Workers, Healers, and Psychics** Sophie Reicher Spiritual Protection: A Safety Manual for Energy Workers, Psychics, and Healers is a training handbook for anyone interested in deepening their psychic abilities, training gifts already in evidence, or simply developing a greater sensitivity to energy. This no-nonsense book, with its special emphasis on safety, protection, and energetic awareness, takes readers step by step through a thorough system of exercises designed to increase competence, confidence, and skill. Focusing on oft-neglected fundamentals, Reicher cuts through the complexity and confusion so often surrounding this topic and instead offers clear instructions and explanations that even the most novice of readers can easily follow.

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