



## Personal Relationships, Volume 5: Repairing Personal Relationships

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# Personal Relationships, Volume 5: Repairing Personal Relationships

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The **Personal Relationships** series has stimulated a great deal of interest in the rapidly developing area of personal relationship research. This fifth and final volume aims to illustrate and synthesize the different principles that lie within the various approaches to repairing relationships. It concentrates on two major themes: first, the importance of relationships as a support system; second, the possibility of repairing damaged or ineffective relationships. This is of particular significance in the light of rising divorce statistics and the increase of long-term social problems resulting from childhood relationship difficulties. The book shows the profound practical impact of the current theoretical and empirical research on the repair of relationships, and contains chapters dealing with specific problems, such as loneliness, drugs and their effect on relationships, divorce and health. The material is presented in such a way as to be of practical value to anyone working with relationship repair. Social and clinical psychologists, sociologists, therapists and social workers will all find this volume invaluable.

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