

# Adolescent Addiction: Epidemiology, Assessment, and Treatment (Practical Resources for the Mental Health Professional)

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Adolescent Addiction: Epidemiology, Assessment, and Treatment presents a comprehensive review of information on adolescent addiction, including prevalence and co-morbidity rates, risk factors to addiction, and prevention and treatment strategies. Unlike other books that may focus on one specific addiction, this book covers a wide range of addictions in adolescents, including alcohol, cannabis, tobacco, eating, gambling, internet and video games, and sex addiction. Organized into three sections, the book begins with the classification and assessment of adolescent addiction. Section two has one chapter each on the aforementioned addictions, discussing for each the definition, epidemiology, risk factors, co-morbidity, course and outcome, and prevention and intervention. Section three discusses the assessment and treatment of co-morbid conditions in greater detail as well as the social and political implications of adolescent addictions.

Intended to be of practical use to clinicians treating adolescent addiction, the book contains a wealth of information that will be of use to the researcher as well. Contributors to the book represent the US, Canada, the UK, New Zealand, and Australia.

#### About the Editor:

Cecilia A. Essau is professor of developmental psychopathology at Roehampton University in London, UK. Specializing in child and adolescent psychopathology, she has been an author or editor of 12 previous books in child psychopathology and is author of over 100 research articles and book chapters in this area.

- \* Comprehensive with the state-of-the-art information on important and the most common adolescent addiction
- \* Easy to understand and organized chapters
- \* Written by international experts



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Adolescent Addiction: Epidemiology, Assessment, and Treatment (Practical Resources for the Mental Health Professional) can be one of your beginning books that are good idea. We all recommend that straight away because this publication has good vocabulary which could increase your knowledge in vocabulary, easy to understand, bit entertaining but nonetheless delivering the information. The copy writer giving his/her effort to place every word into delight arrangement in writing Adolescent Addiction: Epidemiology, Assessment, and Treatment (Practical Resources for the Mental Health Professional) yet doesn't forget the main place, giving the reader the hottest and based confirm resource data that maybe you can be certainly one of it. This great information may drawn you into completely new stage of crucial considering.

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