



# Interdisciplinary Teaching Through Physical Education

*Theresa Purcell Cone, Peter Werner, Stephen Cone, Amelia Woods*

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*Interdisciplinary Teaching Through Physical Education* includes 20 complete, ready-to-use learning experiences and more than 150 additional ideas for developing learning experiences that integrate physical education with mathematics, science, language arts, social studies, and the arts.

Filled with theory and practical applications, the book makes learning more meaningful, fun, and rewarding for students by bridging the gap between physical education and other subjects. Teachers need to take advantage of opportunities to establish relationships between subject areas, and this book provides everything you need to engage students in active learning across the elementary school curriculum.

Part I presents the fundamentals of interdisciplinary programs. It identifies three interdisciplinary teaching models—connected, shared, and partnership—that you can use as guides for organizing your content, collaborating with others, and creating meaningful activities that impact student learning. You'll also find strategies for implementation, including ideas for getting started, selecting a teaching model, developing lesson plans, assessing interdisciplinary learning using alternative strategies, and building a support network.

Part II explains how to integrate physical education with five subject areas. For each subject area, you'll find a K-6 scope and sequence as well as detailed descriptions of four complete learning experiences. Teachers can use them exactly as they're presented or modify them to meet the unique needs of their students. Each learning experience provides the following information:

- Suggested grade level
- Interdisciplinary teaching model used
- Objectives
- Equipment needed
- Organization (individual, partner, small group, large group)
- Lesson description
- Assessment suggestions
- Key points to keep in mind when observing students' progress
- Ideas for changing the lesson
- Suggestions for teachable moments

You'll also find more than 150 ideas that you can use as starting points for developing your own learning experiences and a listing of valuable references for interdisciplinary teaching.

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